

Week Beginning

Reading is for the mind what exercise is for the body

DAILY PLANS

Day	Today's Targets	Today's Progress	Next Steps
Mon			
Tues			
Weds			
Thurs			
Fri			
Sat			
Sun			

Now make plans for next week

THE WEEK AHEAD

Your Weekly Revision Planner

Week Beginning _____

<p>How to use this planner :</p> <ol style="list-style-type: none"> 1. For each day shade out your regular activities – meals, clubs, job, etc 2. Decide on what exam preparation you need to do this week <i>Fill in the Targets box to show this</i> 	<ol style="list-style-type: none"> 3. Allocate sufficient time to achieve your targets 4. Don't forget to leave some time for rest and relaxation
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Targets : What I want to achieve this week					
Subject	Target	Deadline	Subject	Target	Deadline

	4 – 5pm	5 – 6pm	6 – 7pm	7 – 8pm	8 – 9pm	9 – 10pm	10 – 11pm
Mon							
Tues							
Wed							
Thurs							
Fri							
	9 – 11am	11am – 1pm	1 – 3pm	3 – 5pm	5 – 7pm	7 – 9pm	9 – 11pm
Sat							
Sun							

